

MASSIMILIANO MARSALA

ISRAELI JU-JITSU - KRAV MAGA - DYNAMIC SHOOTING

IT - PROGRAMMA DIDATTICO - OPERATORE DIFESA PERSONALE

EN - OFFICIAL SYLLABUS - SELF DEFENSE OPERATOR

IT - CINTURA VIOLA

EN - VIOLET BELT

IT - 2° LIVELLO OPERATORE DIFESA PERSONALE AVANZATO

EN - 2nd LEVEL ADVANCED SELF DEFENSE OPERATOR



PROGRAM DESIGNED BY THE FDKM /AICS

4th LEVEL MASTER MASSIMILIANO MARSALA